

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
<p>Join us on the move towards a hunger free Connecticut!</p> <p>September 4-10 – Hunger Awareness Week September 11-17 – ACTION Week September 18-24 – Volunteer Week September 25-30 – Spirit Week</p> 				<p>1 KICK OFF DAY! Change your profile picture to show support!</p>	<p>2 <u>Reach out to your local hunger relief program and get involved!</u></p>	<p>3 SHARING IS CARING! Share this calendar with a friend and challenge them to an ACTION OFF! Who can do MORE to end hunger!</p>	
<p>4 It's Labor Day! Collect food or fund donations from your cookout guests!</p>	<p>5 <u>Connect With Your Connecticut Legislator!</u> Stay informed about the issues affecting hunger in our communities and help share our message with your representatives.</p>	<p>6 <u>Schedule a food drive at your work, school, place of worship, club or sports game!</u></p>	<p>7 JOIN US ON SOCIAL MEDIA! Grab a paper plate and write what you can't do on an empty stomach. Post and share! #CTHungerActionMonth</p>	 <p>8 <u>Get educated! Discover food insecurity data for your town using Map The Meal Gap.</u></p>	<p>9 <u>Sign up for our advocacy emails to receive updates by email.</u></p>	<p>10 <u>Celebrate Grandparents Day by donating in their name!</u></p>	
<p>11 <u>DONATE! For a little more than \$10, we can supply enough food to feed a person for week.</u></p>	 <p>12 Like and follow Connecticut Food Bank on Social Media</p>	<p>13 <u>Ask your member of Congress to oppose any effort to convert SNAP funding to block grants, which reduce program accountability and responsiveness.</u></p>			<p>15 <u>Sign up to volunteer!</u> The Connecticut Food Bank welcomes individual and group volunteers who want to help fight hunger.</p>	<p>16 <u>Donate a grocery store gift card to a local food pantry in your area!</u></p>	<p>17 Blog, Tweet or Post on Facebook about Hunger Action Month! #CTHungerActionMonth</p>
<p>18 Stay informed of CFB happenings! Sign up to receive our E-Newsletter!</p> 	<p>19 <u>Stretch your dollar! Does your company participate in Matching Gifts?</u></p>	 <p>20 <u>For every code entered online from specially marked General Mills products, five meals can be secured for Connecticut Food Bank.</u></p>	<p>21 Get your work involved! <u>Schedule a company volunteer group at our Wallingford or Fairfield warehouse.</u></p>	<p>22 Today is the last day of summer, organize a tag sale to clean house before winter! Donate the proceeds to Connecticut Food Bank!</p>	 <p>23 Organize a Brown Bag Lunch Day and ask your coworkers to join you and donate their lunch money!</p>	<p>24 <u>Watch <i>A Place at the Table</i> with your family to learn about hunger in America!</u></p>	
<p>25 <u>Sign up to host a Virtual Food Drive! Inspire others to bring awareness to hunger and raise critical funds with just a few clicks of your mouse.</u></p>	<p>26 Want to feed our neighbors in need every day of the week? <u>Join our Harvest Club and give monthly!</u></p>	<p>27 <u>Organize a Cereal Drive at your work, school, place of worship, club or sports game!</u></p>	<p>28 Have you struggled with hunger? Or volunteered or donated to support the fight against hunger? <u>Share your story to inspire others!</u></p>	<p>29 <u>Organize a Hunger 101 interactive group learning experience!</u></p> 	<p>30 <u>Donate \$30 to celebrate 30 ways in 30 days!</u></p>		