



Most Needed Items

Shelf stable milk	Rice
Breakfast cereal / Oatmeal	Dry & canned beans
Canned fruits & vegetables	Chunky soups & beef stew
Gluten-free products	Peanut butter / Jelly
Spaghetti & sauce (no glass jars)	100% Fruit Juice
Tuna & other canned meat	Macaroni & cheese
Sugar free, low sodium & no salt items	

Shampoo / Conditioner	Toothpaste / Toothbrushes
Soap / Body wash	Shaving cream / Razors
Feminine products	Deodorant
Baby Wipes	Combs / Brushes

For more information on organizing a food drive, please call Kerri Burgerhoff, Connecticut Food Bank's Engagement Coordinator, at (203) 469-5000, ext. 304, or kburgerhoff@ctfoodbank.org.