



Our Community, Our Food Bank

Assorted Category Contents

Much of the food received at Connecticut Foodshare is donated by food industry partners. Some of this product comes to us as truckloads of assorted food and non-food items. Volunteers sort this product, inspecting the packaging for safety, separating it into categories, and packaging like items in boxes. It is then offered to our Partner Programs via our online shopping page. Below are the categories and the contents you may find in a box. Please note that the variety and quantities will vary.

ASSORTED DRY FOOD CATEGORIES

Breakfast Foods	Item #710771
breakfast bars, cereals, instant breakfast, oatmeal, Pop Tarts (toaster pastries)	
Condiments	Item #709165
gravy (all types), ketchup, mayonnaise, Miracle Whip, mustard, olives, salt, pepper, pickles, relish	
Dietary Supplements	Item #708857
energy drinks, energy bars, nutrition drinks (Benefiber, Ensure, etc.), protein drinks and shakes (SlimFast, etc.)	
Drinks and Drink Mixes	Item #708809
coffee, tea, juice, drink powders/mixes, all other beverages not otherwise categorized	
Evaluated Food	Item #712127
anything edible not in another category: large water bottles, vitamins, gum, candy, cake mixes, coffee beans, etc.	
Fruits	Item #708812
all canned or jarred fruits smaller than #10 (institutional size) cans	
Pasta	Item #709167
pasta in all forms: macaroni, noodles, rotini, spaghetti, vermicelli, etc.	
Personal Care Items	Item #708576
antiperspirant/deodorant, first aid items, hair care products, lotions, toothpaste, toothbrushes, mouthwash, dental floss, soap	
Protein and Beans	Item #708815
canned chicken, canned fish (tuna, sardines, etc.), beans, peanut butter	
Rice and Potatoes	Item #709168
rice in all forms (white, brown, bagged, boxed, etc.), potatoes in all forms (canned, dried, instant, scalloped, etc.), chai, quinoa	
Snacks	Item #709166
chips, cookies, crackers, dried fruit, fruit cups, granola bars, nuts (all types), popcorn, pudding, jerky/"Slim Jims," etc.	

ASSORTED DRY FOOD CATEGORIES – continued

Soups and Meals	Item #708817
all soups (canned and dry), beef stew (canned and pouch), mac & cheese, ravioli, “Spaghetti O’s,” etc.	
Tomato Products	Item #708818
peeled tomatoes, pizza sauce, salsa, spaghetti sauce, steamed tomatoes, tomato paste	
Vegetables	Item #708819
all canned or jarred vegetables in cans smaller than #10 (institutional) size	
Water	item #708820
Individual servings (less than 24 oz.) non-flavored, non-vitamin	

ASSORTED MEAT - FROZEN

Beef and Veal	Item #8150021
steak, ribs, brisket, roasts, loins/chops, rack, ground, cutlets, shank	
Pork and Lamb	Item #8150022
chops, loin, cutlets, ribs, roasts, ham, ground	
Poultry	Item #8150020
chicken (whole or cuts), turkey (whole or cuts), duck (whole or cuts), goose (whole or cuts), ostrich, cornish hens, ground turkey, ground chicken	
Meat, Uncooked Processed	Item #8150023
sausage (all types), bacon	
Meat, organ/offal, misc.	Item #8150024
heart, tongue, liver, gizzards, feet, tails	
Meat, Processed Cooked	Item #8150045
hot dogs, kielbasa, chicken nuggets, etc.	
Meat, Processed Ready-to-Eat	Item #8150048
deli meats, ham, smoked meats, etc.	
Perishable, Frozen Assorted	Item #8150050
meatballs, meatloaf, breaded meats, bison, buffalo, goat, rabbit, etc.	
Frozen Breakfast Items	Item #8160026
frozen breakfast foods	
Frozen Lunch Items	Item #8160027
“Lunchables,” deli meats, etc.	
Frozen Meals	Item #8160028
frozen dinners	

ASSORTED NON-FOOD CATEGORIES

Evaluated Non-Food	Item #709384
non-edible items including paper plates/cups, feminine products, cleaning chemicals, etc.	
Personal Care Items	Item #708576
antiperspirant/deodorant, first aid items, hair care products, lotions, toothpaste, toothbrushes, mouthwash, dental floss, soap	
Pet Supplies	Item #708580
all pet-related items	