What is CSFP?

- Commodity Supplemental Food Program
- USDA funded program administered by the Department of Social Services (DSS).
- Goal: to improve the health of seniors
Food Items

- Canned and dried fruits
- Canned vegetables
- Low fat dairy
- Whole grains
- Variety of proteins
- Protein, calcium, iron, vitamins A, C, and D, and other nutrients that promote health
- Low sodium foods to support heart health
Connecticut Foodshare’s Responsibilities

- Create and pack the CSFP boxes
- Transport boxes to each site
- Maintain a minimum level of distribution
- Review sites biennially and provide support to Site Coordinators
CSFP Site Responsibilities

• Civil rights training and hang “And Justice For All” poster in service area
• Submit Racial/Ethnic data once per year
• Basic food safety training and use food safety practices
• Determine eligibility and maintain records
• Coordinate participants receiving their boxes
Documentation/Forms

- Application Form
- Written Notice of Beneficiary Rights Form
- Beneficiary Referral Request Form
- Notice of Eligibility Form
- Proxy Form
- Notice of Denial or Termination Form
- Fair Hearing Request Form
- Recertification Form
CSFP "Dos"

- Distribute all boxes to participants monthly
- Store boxes 6" above the ground
- Store boxes in a space not accessible to the public
- Submit a box request form if your needs change
CSFP "Don'ts"

- Deconstruct or open boxes
- Give "extra" boxes to community members or organizations
- Use food items communally
CSFP Boxes

- Connecticut Foodshare is allocated a specific number of CSFP boxes to distribute each month.
- It is important to record who is receiving a box at each distribution.
- It is encouraged to start a waitlist.
Nutrition Education Materials

- Flyers in the CSFP box with nutrition information and recipes
- DSS encourages other forms of nutrition education
Nutrition Education Programming

- Nutrition educators available to come on site
- Will do interactive nutrition education with the seniors
- Opportunity for social engagement
University of St Joseph

- Nutritionists from SNAP-ED program
- Cookbook containing CSFP recipes
- For more information contact Mary Gollan - mgollan@usj.edu
"Project DASH" Opportunity

- Agencies can partner with DoorDash to deliver boxes to participants
- Must commit to a minimum number of deliveries per month within a set distance
- Free to agencies and participants
- More information contact Doug Murphy - doug.murphy@ext.doordash.com
Discussion

- How do you promote the CSFP program in your community?
- What challenges have you had?
- What have been your successes?
- Questions?